

Dates for your diary:

October 6th 6pm Choral Evensong.

October 7th 11am In the Cathedral a Service to celebrate Black History Month

6 pm sees the doors open for another popular **Quiz Night** at St. Nicholas with Fish & Chips supper, bar and raffle. Teams of up to 8; £10 a head; 6.30pm start.

October 11th “ a little light relief” Come for lunch at **12 noon** or just pop in at **1.30pm** for a musical afternoon and sing along with songs of yesteryear.

October 27th 10am -1.30pm ‘Upcycle 4 Music’ a fun filled event for families. No charge to participate but forward booking will ensure you of a **free** picnic lunch! Contact Gerbera 01243 838238 or heather.kirk44@yahoo.co.uk

November 12th Remembrance Sunday 11am with wreath laying beside the Silent Soldier

November 25th 10.30am Christmas Fayre



Parish Office is open Wed. & Thurs. 8.30 -10.30am

Fr. Paul Nash email; frpaulnash@gmail.com

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Details of our Services can be found on our notice boards & on our website stnicholas.mos@gmail.com



‘In Touch Xtra’ - October 2023



This month is set aside to the remember the contribution made to British society by our black communities and to foster a greater understanding of our friends and neighbours. The

Speaker at the Cathedral's celebration Service on October 7th will be the CofE's first Racial Justice Director, Guy Hewitt. Children from our CofE schools are contributing to the music.

This is not new, the black community has been contributing to the British society since 1700. While we all heard in school about Florence Nightingale's work in the Crimea, it was not until end of the 1900s that the similar work of Jamaican Mary Seacole received main stream attention. When Mary's offer to go to Crimea as an army nurse was rejected, she paid her own passage and set up 'the British Hotel' in Sebastopol where injured soldiers received welcome care and comfort.



Martin Pett the Speaker at our Harvest Festival presented the Church with the 'Eco Kitchen Wooden Spoon'. Adrienne in accepting this award detailed the changes made in the Church Kitchen to qualify for

this award. Hopefully hearing how quite simple changes were needed to take this small step towards helping our planet cope with the challenges it faces, IF asked again there will be a more positive response!

'In Touch' was introduced when a church magazine – the ideal link between a Parish Church and its wider community – was no longer viable. **IT – Xtra** aims to further fill that gap – but it can only do that with your support please. Can you take copies to clubs, ask shops to display a few, or perhaps deliver some to your neighbours? Just tell us how many copies you need!

Avril is wondering if we could we set up a 'Repair Shop'? Do we have in the Parish useful persons willing to offer their skills for such a service? This would not necessarily be a free service- 'the labourer is worthy of his hire'! Volunteers with ideas as to what might be possible please? Gerbera 01243 838238



Sophie's Quote



**"We are all God's angels
working hard looking after
his wonderful world, whilst he looks down
on us all, from high in the sky.**

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Last month you read even a small pebble thrown into a pond causes ripples. The truth of that was heard when Tony told us his friend Aaron raised £3k for the St Nicholas Children's Centre in Kenya abseiling down the Portsmouth Tower.

Aaron saw the visual presentation of this project shown to us to encourage our support which includes knitting squares for blankets! So please keep (throwing the pebbles) knitting! See Joan for pattern, wool and needles!

Parish Christmas Card – will be available soon. It has been part of our Eco policy for the last 2 years to share just ONE card with fellow parishioners to reduce our carbon footprint!

'Upcycle 4 Music' aims to create instruments to 'Shake, Rattle or Thump' from rubbish to play in the **'Upcycled Band'**! No age limits, no musical talent needed! But we do need please; used tin foil roasting trays, tins, used/unused balloons, pringles pkts and small plastic bottles. It is free to ensure no one misses the **Eco Message** so offers of rolls, choc bars & fruit for the picnic lunch welcomed by Penny.